

LIKE A
Butterfly



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TRANSFORMED FROM THE INSIDE OUT



"Do not be conformed to this world but be transformed by the renewing of your mind, so that you may discern what is the will of God - what is good and acceptable and perfect."

Romans 12:2 (TLV)



A PICTURE OF SPIRITUAL TRANSFORMATION

The word **“transformed”** comes from the Greek metamorphoō, the root of metamorphosis.

This is the process where a caterpillar becomes a butterfly.

- It begins as an egg
- Becomes a caterpillar that spends its time eating leaves
- Then attaches itself and forms a chrysalis
- In that hidden place, it sheds, breaks down, and is completely restructured
- Finally, it emerges as a butterfly with wings to fly and a new mouth to sip nectar

This is not improvement—it is **a complete transformation.**

Each stage reflects our **spiritual journey in Christ.**

A.) THE NEW BIRTH: COMPLETE WITHIN

When we are born again, we can see ourselves as that spiritual egg.

We are already:

- Whole
- Complete
- Perfect
- Made like Jesus in our spirit

“If anyone is in Christ, he is a new creation...”

2 Corinthians 5:17

“You are complete in Him...” Colossians 2:9–10

“As He is, so are we in this world.” 1 John 4:17

Everything has been accomplished on the inside.

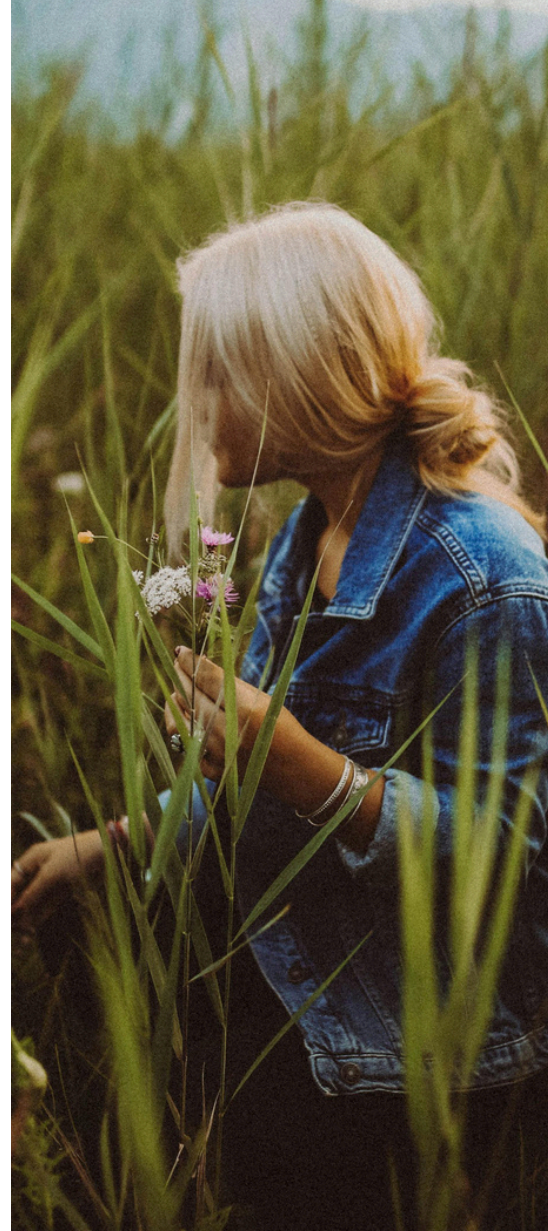
B.) THE EARTHBOUND STAGE

Yet, our body and mind have not fully caught up.

- Old habits may still remain
- Old thinking patterns may still operate
- We may still struggle with sin and limitations

At this stage, we resemble the caterpillar—**earthbound, crawling, and limited.**

But this is not our identity—it is only a **stage.**



ISAÍAS 43.2
Chamei-te pelo teu nome; tu és meu. ²Quando eu passar pelas águas, eu serei contigo; quando passares pelo fogo, não te queimará; quando o fogo passar por ti, não te abalará; quando o vento passar, não te abalará; quando a chuva cair sobre ti, não te lavará. ³Porque eu sou o Santo de Israel, o teu Salvador. Deixa a Etiópia e Seba em teu lugar. ⁴Visto que eu sou o Senhor, não te abalará. ⁵Visto que eu sou o Senhor, não te abalará. ⁶Direi ao norte: Dá; e ao sul: Não te abalará. ⁷Todo o que é chamado pelo meu nome, quando eu sair o povo que tem...



C.) THE PROCESS OF TRANSFORMATION

1) Attachment: Being Planted

The caterpillar finds a place and **attaches itself securely.**

In the same way, we must:

- Be planted in a **healthy, Spirit-filled church**
- Sit under the **Word taught with the anointing of the Holy Spirit**
- Stay connected until the Spirit leads otherwise

Many hinder their growth by constantly changing churches, never committing or putting down roots. Like a plant that is continually transplanted, they grow weak and eventually become unfruitful.

Not all churches carry the same depth. It is true, that some present a diluted gospel without power or transformation.

Being planted is essential for this process of transformation.

2) Feeding: Receiving the Word

The caterpillar spends its time **eating continuously**.

This allows it to grow and shed old skins.

We must feed on the Word the same way:

“Give attention to reading... meditate... that your progress may be evident.”

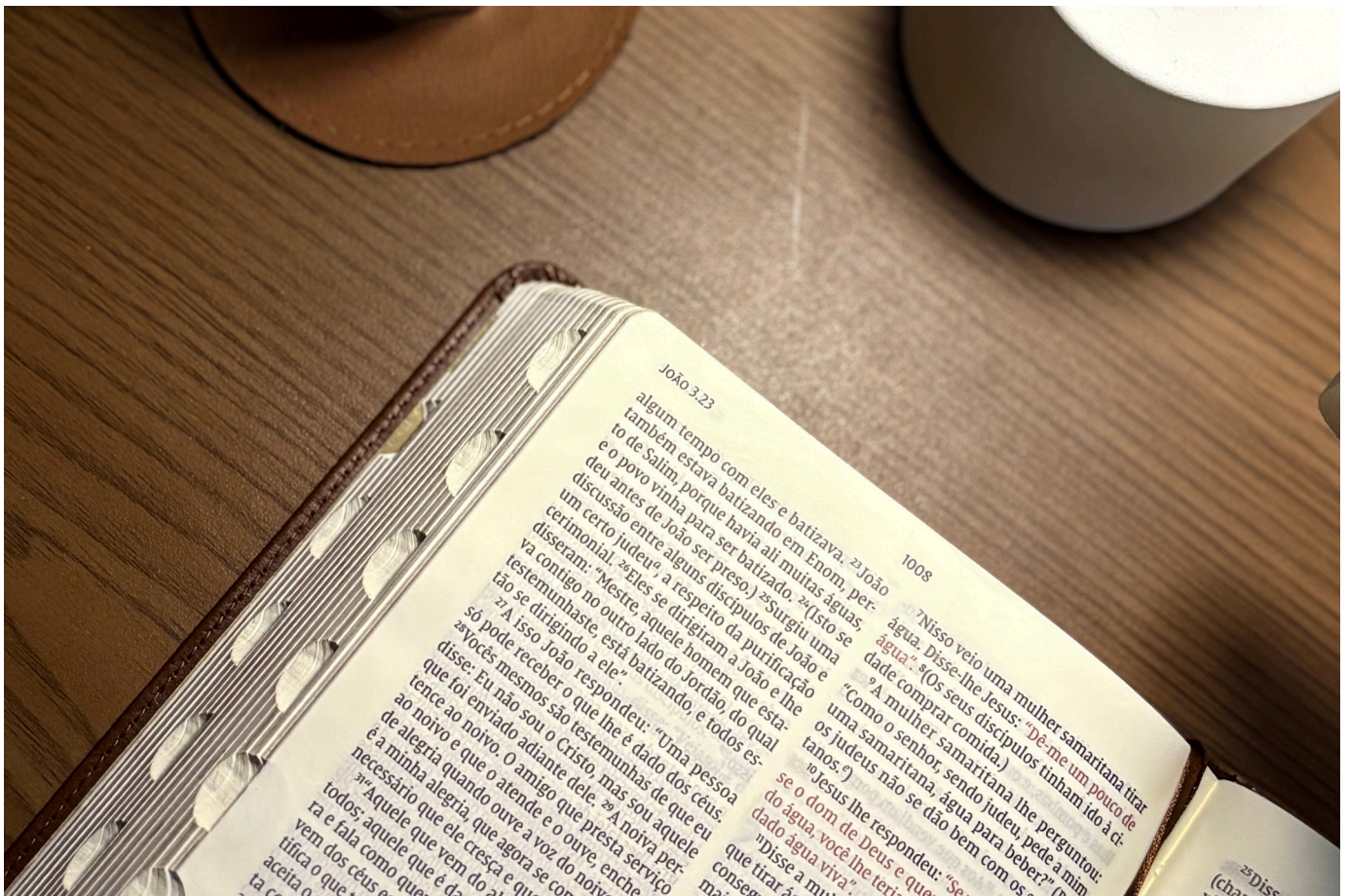
1 Timothy 4:13,15

“Receive with meekness the implanted word...” James 1:21

As we feed:

- Old layers fall away
- The mind is renewed
- Transformation becomes visible

You cannot starve your spirit and expect transformation.





3) The Hidden Place: True Metamorphosis

The caterpillar enters the chrysalis—a **hidden place**. There, everything changes.

- It sheds its skin
- Its old structure is broken down
- A completely new form is formed

This represents the **inner work of the Holy Spirit**.

Transformation happens:

- In prayer
- In surrender and obedience
- In hidden seasons

What looks like stillness is actually **deep transformation**.

God forms you in secret before revealing you in public.

4) A New Mouth: Speaking Differently

The butterfly emerges with a new mouth.

We, too, must develop a new way of speaking:

- Words of faith instead of fear
- Words of grace instead of criticism
- Words that build instead of destroy

A transformed heart produces a transformed mouth.



5) Wings to Fly: Living Above

The caterpillar was once bound to the ground.
Now it has wings.

This is our calling:

- To rise above earthly limitations
- To live from a heavenly perspective
- To walk in faith where nothing is impossible
- No more a victim but a victor

We are not called to crawl—we are called to soar.

d.) final Truth

Spiritual transformation is not behavior modification.

It is **metamorphosis** – a transformation from the inside out.

- Your spirit is already complete and perfect
- Your mind is being renewed
- Your life is being transformed

God is not trying to fix who you were—He is revealing who you already are in Christ. You may feel like a caterpillar today, but you carry the nature of a butterfly within you. The hidden place is not a delay—it is the place of transformation, so yield to this process and be transformed into a beautiful butterfly that has no limits and can be all that God has created you to be.

